

## Section 1: 8-K (FORM 8-K)

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549**

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**FORM 8-K**

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**CURRENT REPORT  
PURSUANT TO SECTION 13 OR 15(d)  
OF THE SECURITIES EXCHANGE ACT OF 1934**

**Date of report (Date of earliest event reported): July 5, 2019 (July 3, 2019)**

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**AAC HOLDINGS, INC.**  
(Exact Name of Registrant as Specified in its Charter)

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Nevada  
(State or Other Jurisdiction  
of Incorporation)

001-36643  
(Commission  
File Number)

35-2496142  
(IRS Employer  
Identification No.)

200 Powell Place  
Brentwood, Tennessee  
(Address of Principal Executive Offices)

37027  
(Zip Code)

(615) 732-1231  
(Registrant's telephone number, including area code)

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Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, \$0.001 par value per share	AAC	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.



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**Item 3.01. Notice of Delisting or Failure to Satisfy a Continued Listing Rule or Standard; Transfer of Listing.**

The information in the press release furnished as Exhibit 99.1 to this Current Report on Form 8-K (this “Report”) as it pertains to New York Stock Exchange Regulation (the “NYSE”) continued listing requirements is incorporated into this Item 3.01.

**Item 7.01 Regulation FD Disclosure.**

The information in the press release furnished as Exhibit 99.1 to this Report is incorporated into this Item 7.01.

**Item 9.01 Financial Statements and Exhibits.**

<b>Exhibit Number</b>	<b>Description</b>
99.1	<a href="#">Press Release, dated July 5, 2019</a>

**Forward Looking Statements**

This Report contains forward-looking statements within the meaning of the federal securities laws. These forward-looking statements are made only as of the date of this Report. In some cases, you can identify forward-looking statements by terms such as “anticipates,” “believes,” “could,” “estimates,” “expects,” “may,” “potential,” “predicts,” “projects,” “should,” “will,” “would,” and similar expressions intended to identify forward-looking statements, although not all forward-looking statements contain these words. Forward-looking statements may include information concerning the Company’s possible or assumed future results of operations, including descriptions of the Company’s revenue, profitability, outlook and overall business strategy. These statements involve known and unknown risks, uncertainties and other factors that may cause the Company’s actual results and performance to be materially different from the information contained in the forward-looking statements. These risks, uncertainties and other factors include, without limitation: (i) the Company’s inability to effectively operate its facilities; (ii) the Company’s reliance on its sales and marketing program to continuously attract and enroll clients; (iii) a reduction in reimbursement rates by certain third-party payors for inpatient and outpatient services and point-of-care and definitive lab testing; (iv) the Company’s failure to successfully achieve growth through acquisitions and de novo projects; (v) risks associated with estimates of the value of accounts receivable or deterioration in collectability of accounts receivable; (vi) a failure to achieve anticipated financial results from contemplated and prior acquisitions; (vii) the possibility that a governmental entity may prohibit, delay or refuse to grant approval for the consummation of an acquisition; (viii) the Company’s failure to achieve anticipated financial results from contemplated and prior acquisitions; (ix) a disruption in the Company’s ability to perform diagnostic laboratory services; (x) maintaining compliance with applicable regulatory authorities, licensure and permits to operate the Company’s facilities and laboratories; (xi) a disruption in the Company’s business and reputational and economic risks associated with the civil securities claims brought by shareholders or claims by various parties; (xii) inability to meet the covenants in the Company’s loan documents or lack of borrowing capacity; and (xiii) general economic conditions, as well as other risks discussed in the “Risk Factors” section of the Company’s most recently filed Annual Report on Form 10-K, Quarterly Reports on Form 10-Q and other filings with the SEC. As a result of these factors, we cannot assure that the forward-looking statements in this Report will prove to be accurate. Investors should not place undue reliance upon forward-looking statements.

## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AAC HOLDINGS, INC.

By: /s/ Andrew W. McWilliams  
Andrew W. McWilliams  
Chief Financial Officer

Date: July 5, 2019

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## Section 2: EX-99.1 (EX-99.1)

Exhibit 99.1



200 Powell Place  
Brentwood, TN 37027  
AmericanAddictionCenters.org

### AAC Submits Business Plan to New York Stock Exchange

BRENTWOOD, Tenn., July 5, 2019 – On Monday July 1, 2019, AAC Holdings, Inc. (NYSE: AAC) (the “Company”) submitted a plan to the New York Stock Exchange, Inc. (the “NYSE”) regarding the Company’s efforts to improve its total market capitalization, following notice on May 17, 2019 from the NYSE that the Company’s average market capitalization was less than the required \$50 million over a consecutive 30 trading-day period and that the most recently reported stockholders’ equity of the Company was also less than \$50 million. By submitting the plan, the Company will be eligible for the NYSE to permit an 18-month cure period with respect to the total market capitalization requirement and a six-month cure period with respect to the requirement that the Company’s share price exceed more than \$1.00 for a 30-day trading period. The Company received a notice from the NYSE with respect to the latter requirement on July 3, 2019. The NYSE notifications and plan response processes do not affect the Company’s business operations, its United States Securities and Exchange Commission reporting requirements, or its debt agreements.

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### About American Addiction Centers

American Addiction Centers is a leading provider of inpatient and outpatient substance abuse treatment services. We treat clients who are struggling with drug addiction, alcohol addiction, and co-occurring mental/behavioral health issues. We currently operate substance abuse treatment facilities located throughout the United States. These facilities are focused on delivering effective clinical care and treatment solutions. For more information, please find us at [AmericanAddictionCenters.org](http://AmericanAddictionCenters.org) or follow us on Twitter [@AAC\\_Tweet](https://twitter.com/AAC_Tweet).

### Forward Looking Statements

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### Investor Relations Contact

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